



LIGHTNING

JUNE

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|---|--|
| Stroke Clinic | 28-May | 29-May | 30-May | 31-May | 1 | 2 |
| Lincolnwood 1st Week May 21 to 25 2nd Week May 29 to June 1st | NO Stroke Clinic Memorial Day HOLIDAY | Stroke Clinic 2nd Week afternoons 4:30 to 6pm | Stroke Clinic 2nd Week afternoons 4:30 to 6 pm | Stroke Clinic 2nd Week afternoons 4:30 to 6pm | Last Day Of Stroke Clinic 2nd Week afternoons 4:30 to 6pm | NO PRACTICE |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| NO PRACTICE | OUTDOOR PRACTICE evening only 5:00-6:30PM | PRACTICE evening only 5:00-6:30PM | NO PRACTICE 7pm coaches meeting TBA | NO MORNING PRACTICE EVENING ONLY 5:00 - 6:30 PM | PRACTICE evening only 5:00-6:30PM | NO PRACTICE |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| NO PRACTICE | PRACTICE AM-group time PM-all groups 5:00-6:30PM | PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM | PRACTICE <u>morning only</u> AFTERNOON No Practice | NO MORNING PRACTICE EVENING ONLY 5:00 - 6:30 PM | PRACTICE <u>morning reg time</u> evening <u>5:00-6:30 PM</u> Parents meeting Pool Area 6:15pm | NO PRACTICE |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| NO PRACTICE | PRACTICE AM-group time PM-all groups 5:00-6:30PM | PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM | SHORTCOURSE PRACTICE <u>morning only</u> AFTERNOON Meet: Arlington at Lincolnwood | NO MORNING PRACTICE EVENING ONLY 5:00 - 6:30 PM | PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM | Intersquad Meet 7 to 10 AM |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| NO PRACTICE | PRACTICE <u>AM-group time</u> EVENING 5:00 - 6:30 pm PICTURES | PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM | PRACTICE <u>morning only</u> AFTERNOON Meet: Lincolnwood at McHenry | NO MORNING PRACTICE EVENING ONLY 5:00 - 6:30 pm Practice Or PICTURE " RAIN "DAY | PRACTICE <u>AM-group time</u> PM-all groups 5:00-6:30PM | NO PRACTICE |

